Edinburgh Gingerbread

8 oz Plain flour

1 ts Bicarbonate of soda

2 ts Ground ginger

1 ts Cinnamon

pn Salt

6 oz Butter

6 oz Treacle

4 oz Brown sugar

6 tb Milk

2 Eggs

2 oz Sultanas

2 oz Almonds; flaked

Sift the flour, spices, salt and soda; and then stir in the fruit and nuts. Melt the butter with the treacle and sugar on a low heat. The mixture should remain coolish but the sugar dissolved. Add the milk and stir in the eggs. Pour the warm mixture into a well in the centre of the dry ingredients and mix thoroughly to form a batter. Pour into a greased and lined 2 lb loaf tin. Bake at 325°F / 160°C / gas mark 3 for 1 1/4 hours. This is a fairly heavy recipe and may sink on cooling.