

EASY CURRY

This dish offers exotic flavor, but requires very little work. Once you combine the ingredients, the long cooking time takes care of the rest. Serve with Indian rice; serves 4.

1 to 2 med onions, chopped
1 med green pepper, chopped
2 tbsp butter
1 lb chicken or beef, ground or chunks
Salt and pepper, to taste
1 tsp red pepper
2 tbsp curry powder
1 tbsp turmeric
1 tsp vinegar
Dash garlic salt
2 med potatoes, sliced or cubed
1 c water (add more if more liquid is desired)
1 can tomatoes

Saute onions and green pepper in butter. Add meat and seasoning and brown a little. Add potatoes, water, and tomatoes. Simmer 1-1/2 to 2 hours until desired consistency is reached.